

# Richard Polson, R.Ph., D.D.S.

2121 MARTIN DRIVE • BEDFORD, TEXAS, 76021  
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## PATIENT REGISTRATION

Please print clearly and bring completed to your appointment.

Patient's name: \_\_\_\_\_ Date: \_\_\_\_\_  
Street Address: \_\_\_\_\_ Apt. #: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Birthdate: \_\_\_\_\_ Sex: \_\_\_\_\_ Marital Status: \_\_\_\_\_ DL #: \_\_\_\_\_ SS #: \_\_\_\_\_  
Home Phone:( ) \_\_\_\_\_ Work Phone:( ) \_\_\_\_\_ Cell Phone:( ) \_\_\_\_\_  
E-mail: \_\_\_\_\_ Fax:( ) \_\_\_\_\_  
Employer's Name: \_\_\_\_\_ Dept.: \_\_\_\_\_  
Business Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Spouse / Parent / Guardian's Name: \_\_\_\_\_  
Street Address: \_\_\_\_\_ Apt. #: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Birthdate: \_\_\_\_\_ Sex: \_\_\_\_\_ DL #: \_\_\_\_\_ SS #: \_\_\_\_\_  
Home Phone:( ) \_\_\_\_\_ Work Phone:( ) \_\_\_\_\_ Cell Phone:( ) \_\_\_\_\_  
Employer: \_\_\_\_\_ Dept.: \_\_\_\_\_  
Business Address: \_\_\_\_\_ Suite #: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Emergency Contact: \_\_\_\_\_ Phone:( ) \_\_\_\_\_

If patient is a minor, please list other parent's name, business address and phone number:

\_\_\_\_\_  
**Referred By:** \_\_\_\_\_ Phone:( ) \_\_\_\_\_  
Street Address: \_\_\_\_\_ Suite #: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

## INSURANCE INFORMATION

Are you a Medicare recipient? Yes \_\_\_ No \_\_\_ Primary \_\_\_ Secondary \_\_\_ Medicare #: \_\_\_\_\_

**Medical Insurance:** \_\_\_\_\_  
Ins. Co. Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Contact Person: \_\_\_\_\_ Phone:( ) \_\_\_\_\_  
Policy Holder's Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Policy #: \_\_\_\_\_ Group #: \_\_\_\_\_ ID #: \_\_\_\_\_

**Dental Insurance:** \_\_\_\_\_  
Ins. Co. Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Contact Person: \_\_\_\_\_ Phone:( ) \_\_\_\_\_  
Policy Holder's Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Policy # \_\_\_\_\_ Group # \_\_\_\_\_ ID # \_\_\_\_\_



Patient's Name: \_\_\_\_\_

Date: \_\_\_\_\_

21. Does your jaw make noises? Yes No  
 Right: Clicking Popping Gritty or Squishy Noises Other \_\_\_\_\_  
 Left: Clicking Popping Gritty or Squishy Noises Other \_\_\_\_\_

22. When did the noises begin? \_\_\_\_\_

23. Do you have pain in your jaw joints, ears, or sides of face? Yes No

24. Are you aware of anything that makes your pain worse? Yes No

If yes, what? \_\_\_\_\_

25. Are you aware of anything that makes your pain better? Yes No

If yes, what? \_\_\_\_\_

26. Has your jaw ever locked? Yes No

If yes, when did this first occur? \_\_\_\_\_

How often has this occurred? \_\_\_\_\_

27. Do you clench, grind or brux [gnash] your teeth? Yes No

28. Do your teeth or jaws ever feel "tired" when you wake up? Yes No

29. Do you have loose or sensitive teeth? Yes No

30. Have you ever been examined for or told you have a TMJ or "Jaw Joint" problem? Yes No

31. Have you ever worn a splint or night guard? Yes No Upper Lower Did it help? Yes No

Who made it for you and when? \_\_\_\_\_

32. Have you ever had periodontal disease [pyorrhea] or gum surgery? Yes No

33. Have you ever had orthodontic treatment or braces? Yes No

34. If you have been diagnosed with any of the following, **please mark "C" for current and "P" for past.**

- |                                |                                   |                                    |
|--------------------------------|-----------------------------------|------------------------------------|
| _____ A.I.D.S.                 | _____ Epilepsy                    | _____ Malignancies                 |
| _____ Acrylic allergy          | _____ Fibromyalgia                | _____ Migraine headaches           |
| _____ Allergies                | _____ GERD (Reflux)               | _____ Osteoarthritis               |
| _____ Anemia                   | _____ Glaucoma                    | _____ Psychiatric disorder (Other) |
| _____ Anxiety/panic disorder   | _____ Heart murmur                | _____ Rheumatic fever              |
| _____ Asthma                   | _____ Heart trouble               | _____ Rheumatoid arthritis         |
| _____ Breathing problems       | _____ Hepatitis                   | _____ Sexually transmitted disease |
| _____ Chemical dependency      | _____ High blood pressure         | _____ Sinus problems               |
| _____ Chest pain               | _____ Immunosuppressive disorders | _____ Stroke                       |
| _____ Chronic cough            | _____ Jaundice                    | _____ Thyroid disorders            |
| _____ Chronic Fatigue Syndrome | _____ Kidney disease              | _____ Tuberculosis                 |
| _____ Congenital heart lesion  | _____ Liver disease               | _____ Ulcers                       |
| _____ Depression               | _____ Low blood pressure          |                                    |
| _____ Diabetes                 | Other: _____                      |                                    |

**Family History:** Father: Age, if living \_\_\_\_\_ His general health \_\_\_\_\_  
 Or, age at death \_\_\_\_\_ Cause of death \_\_\_\_\_

Mother: Age, if living \_\_\_\_\_ Her general health \_\_\_\_\_  
 Or, age at death \_\_\_\_\_ Cause of death \_\_\_\_\_

Are there any inherited health conditions or genetic disorders in your family? \_\_\_\_\_

Please specify \_\_\_\_\_

Patient's Name \_\_\_\_\_ Date: \_\_\_\_\_

**Name of Physician:** \_\_\_\_\_ Phone : (\_\_\_\_) \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**Name of Dentist:** \_\_\_\_\_ Phone : (\_\_\_\_) \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Date of last physical exam \_\_\_\_\_ Date of last dental exam: \_\_\_\_\_

**SLEEP QUESTIONNAIRE**

The following questions are helpful in identifying sleep disturbances. This is important in your health history since sleep disorders may be the result or the cause of some pain disorders.

**SLEEP HABITS:**

1. On weekdays, what time do you usually  
Go to bed? \_\_\_\_\_ Get up? \_\_\_\_\_
2. Average time it takes to fall asleep at night? \_\_\_\_\_
3. Average time you sleep at night? \_\_\_\_\_
4. Upon awakening, do you feel refreshed and rested?  
\_\_\_\_\_ Yes \_\_\_\_\_ No
5. Do you have difficulty:  
Falling asleep? \_\_\_\_\_ Yes \_\_\_\_\_ No  
Staying asleep? \_\_\_\_\_ Yes \_\_\_\_\_ No
6. Are you a restless sleeper? \_\_\_\_\_ Yes \_\_\_\_\_ No
7. Do you wake frequently in the night? \_\_\_ Yes \_\_\_ No  
If yes, how many times and what is the cause?  
\_\_\_\_\_
8. Have you been told that you snore or gasp for breath  
  
while sleeping? \_\_\_\_\_ Yes \_\_\_\_\_ No
9. Have you ever awakened choking or gasping for  
breath? \_\_\_ Yes \_\_\_\_\_ No
10. Do you often wake up with morning headaches?  
\_\_\_\_\_ Yes \_\_\_\_\_ No
11. Do you sweat a lot at night without actually being  
hot? \_\_\_\_\_ Yes \_\_\_\_\_ No
12. What is your neck (collar) size (inches)? \_\_\_\_\_

**EXCESSIVE DAYTIME SLEEPINESS:**

1. Is daytime sleepiness a problem?  
\_\_\_\_\_ Yes \_\_\_\_\_ No
2. Does sleepiness interfere with your:  
Work? \_\_\_\_\_ Yes \_\_\_\_\_ No  
Social Life? \_\_\_\_\_ Yes \_\_\_\_\_ No  
Does fatigue interfere with your social life?  
\_\_\_\_\_ Yes \_\_\_\_\_ No
3. Do you often feel tired for no reason?  
\_\_\_\_\_ Yes \_\_\_\_\_ No
4. Are you frequently drowsy or tend to fall  
asleep while driving? \_\_\_\_\_ Yes \_\_\_\_\_ No
5. Have you ever suddenly fallen or experienced  
sudden bodily weakness when you get really  
excited, tickled or angry?  
  
\_\_\_\_\_ Yes \_\_\_\_\_ No
6. When you fall asleep, do you ever see vivid  
life-like images?  
\_\_\_\_\_ Yes \_\_\_\_\_ No
7. Do you ever awaken and feel that you can't  
move or that you are paralyzed?  
\_\_\_\_\_ Yes \_\_\_\_\_ No  
If yes, how often? \_\_\_\_\_

**THE EPWORTH SLEEPINESS SCALE**

How likely are you to doze off or fall asleep in the following situations in contrast to just feeling tired? This refers to your usual way of life in recent times. Even if you have not done some of these things recently, try to work out how they would have affected you. Use the following scale to choose the most appropriate number of times for each situation:

Scale	Situation	Chance of Dozing
<b>0</b> = would never doze	Sitting and reading	_____
<b>1</b> = slight chance of dozing	Watching TV	_____
<b>2</b> = moderate chance of dozing	Sitting inactive in a public place (i.e., theater or a meeting)	_____
<b>3</b> = high chance of dozing	As a passenger in a car for an hour without a break	_____
	Lying down to rest in the afternoon when circumstances allow	_____
	Sitting and talking to someone	_____
	Sitting quietly after lunch without alcohol	_____
	In a car while stopped in traffic for a few minutes	_____
	<b>Total</b>	_____

Patient's Name: \_\_\_\_\_

Date: \_\_\_\_\_

**CONSENT FOR USE AND DISCLOSURE OF HEALTH INFORMATION**

As Required by the Health Insurance Portability and Accountability Act of 1996 (HIPAA)  
*You are entitled to a copy of this consent after you sign it.*

By signing this form, you will consent to our use and disclosure of your protected health information to carry out treatment, payment activities and healthcare operations.

You have the right to read our Notice of Privacy Practices before you decide whether to sign the Consent. Our Notice provides a description of our treatment, payment activities and healthcare operations, the uses and disclosure we may make of your protected health information and other important matters about your protected health information. A copy of our Notice accompanies this Consent. We encourage you to read it carefully and completely before signing this Consent.

We reserve the right to change our privacy practices as described in our Notice of Privacy Practices. If we change our privacy practices, we will post a revised Notice of Privacy Practices, which will contain the changes. Those changes may apply to any of your protected health information that we maintain.

You may obtain a copy of our Notice of Privacy Practices, including any revisions of our Notice, at any time by contacting Dr. Richard J. Polson, the Contact Officer at the above address or at [craniopa@swbell.net](mailto:craniopa@swbell.net).

You will have the right to revoke this consent at any time by giving us written notice of your revocation submitted to the Contact Person listed above. Please understand that revocation of this Consent will not affect any action we took in reliance on this Consent before we received your revocation and that we may decline to treat you or to continue treating you if you revoke this Consent.

You have the right to request that we place additional restrictions on our use or disclosure of your health information. We are not required to agree to these additional restrictions, but if we do, we will abide by our agreement (except in an emergency).

We can refuse to treat or discontinue treatment if you refuse to sign the Consent for Use and Disclosure of Health Information.

I have had full opportunity to read and consider the contents of this Consent form and your Notice of Privacy Practices. I understand that, by signing this Consent form, I am giving my consent to your use and disclosure of my protected health information to carry out treatment, payment activities and healthcare operations. I also consent that any photographs, models, x-rays, MRI's and other testing of me may be used in scientific papers or demonstrations without my identity being revealed. It is understood that any diagnostic and treatment records remain the property of the doctor, but are available for referral. I authorize release of information to Craniofacial Pain Associates, PA and any of its representatives from any past or current health care provider.

The medical/dental information provided is complete and correct to the best of my knowledge. I agree to inform this office of any change(s) in my health and of recent visits to my physician at the next visit.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

If a personal representative, on behalf of the patient, signs this Consent, complete the following:

\_\_\_\_\_  
Personal Representative's Name

\_\_\_\_\_  
Relationship to Patient

**ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES**

As Required by the Health Insurance Portability and Accountability Act of 1996 (HIPAA)  
*\*You May Refuse to Sign this Acknowledgement\**

I have received and/or read or had read to me a copy of this office's Notice of Privacy Practices.

\_\_\_\_\_  
Signature (Patient, Parent or Personal Representative)

\_\_\_\_\_  
Date

Patient's Name: \_\_\_\_\_

Date: \_\_\_\_\_

**For Office Use Only**

We attempted to obtain written acknowledgement of receipt of our Notice of Privacy Practices but acknowledgement could not be obtained because:

- Individual refused to sign.
- Communication barriers prohibited obtaining the acknowledgement.
- An emergency situation prevented us from obtaining acknowledgement.
- Other (Please Specify) \_\_\_\_\_

**RELEASE OF INFORMATION TO FAMILY MEMBERS OF NON-MINOR PATIENT**

As Required by the Health Insurance Portability and Accountability Act of 1996 (HIPAA)

If you are a non-minor patient depending upon another party (parents or other) for your insurance coverage, financial arrangements or to make appointments for you or if you are requesting that we discuss health information relating to your treatment, payment or healthcare operations with another party such as a family member or personal representative, we require this additional release.

I authorize release of any health information relating to treatment, payment or healthcare operations to

\_\_\_\_\_  
(family member or personal representative) understanding that by signing I agree to hold harmless Craniofacial Pain Associates, PA or any of its representatives in any Privacy Policy action.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

**PERSONAL INJURY**

I have a personal injury suit pending and hereby authorize Craniofacial Pain Associates, PA, or any of its representatives, to release any and all records in its possession including medical/dental, psychological or psychiatric, drug and alcohol, and human immunodeficiency virus (HIV) infection including acquired immunodeficiency syndrome (AIDS) to the attorneys representing me and to the worker's compensation insurance company.

My attorney: \_\_\_\_\_ Contact: \_\_\_\_\_

Address: \_\_\_\_\_ Phone : ( \_\_\_\_\_ ) \_\_\_\_\_

City-State-Zip: \_\_\_\_\_ Fax : ( \_\_\_\_\_ ) \_\_\_\_\_

Signature of patient: \_\_\_\_\_ Date: \_\_\_\_\_  
(Or Parent/Guardian)

**INSURANCE AGREEMENT**

If, by mutual agreement, we are filing your insurance, we need to inform you that you are entering a relationship with CPA in which the CPA agrees to treat the patient and the patient agrees to pay the CPA's fee for that treatment. The insurance company has no relationship with CPA. If we contact your insurance company and are informed that insurance benefits are available for the treatment recommended, we will file your claim. We are responsible only to file your claim and answer any medical questions they may have.

Insurance companies give estimates and benefits over the telephone, but they are only estimates and are not always accurate nor a guarantee of payment. You will be responsible for your yearly deductible and the portion of the charges your insurance carrier does not cover. We will file your insurance claim within one week of the date services are rendered. You will receive our regular billing as long as your account has a balance. This will keep you informed of the status of your account.

I hereby assign to Craniofacial Pain Associates, PA all of my rights, title and interest to my medical and/or dental reimbursement benefits under my insurance policy with my insurance company. I further permit a copy of this authorization to be used in place of the original. I understand that I am financially responsible for the charges not covered by my insurance company. If the insurance company does not pay their estimated portion within sixty (60) days, I understand the balance is due immediately and agree to pay in full.

\_\_\_\_\_  
Signature of Responsible Party

\_\_\_\_\_  
Date